# LOW TAND DIRECT TO CONSUMER ADVERTISING (DTCA)

An Ethical case study

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#### AGENDA

Perspectives on ethical issues

History of DTCA

Benefits and risks of DTCA

Challenges for brand manager

Low T drugs and sample ads

Legal issues with Low T drugs

Ethical issues with Low T treatment

#### TYPES OF ETHICAL ISSUES

Ethical Issue	Description		
Abusive & Intimidating Behavior	Anything from physical threats, false accusations, annoying a coworker, profanity, insults, yelling, harshness, and ignoring someone to being unreasonable.		
Lying	Distorting the truth		
Conflicts of Interest	When an individual must choose whether to advance his or her own interests, those of his or her organization, or those of some other group		
Fraud	Any false communication that deceives, manipulates, or conceals facts in order to create a false impression by which others are damaged or denied a benefit.		
Discrimination	Workplace treatment based on race, color, religion, sex, age, disability, marital status, veteran status, sexual orientation, political opinion, or national origin.		
Technology Issues	Issues relating to privacy, online marketing, and legal protection of intellectual properties		

#### ETHICAL DECISION-MAKING

#### 1. Facts



Obtain all unbiased facts

#### 2. <u>Issue(s)</u>

identify the dilemma

#### 3. Stakeholders

Who has an interest? What are their motivations? How much power does each hold?

#### 4. Alternatives

what choices do you have (look not only to a & b, but also to y & z!)

### 5. <u>Impact</u> of alternatives on each stakeholder?

- Consequences, both beneficial and harmful
- Duties/principles involved?
- ➤ Law?
- Personal integrity can you live with it? The "Wall Street Journal" test.
- Stakeholders' resulting impacts on you?

#### 6. Action

#### 7. Monitor outcomes

#### HISTORY OF DTCA IN THE UNITED STATES

PRINT ADVERTISING ALLOWED BY FDA SINCE MID 1980'S

First ad was for Rufen in 1981

ROGAINE WAS FIRST BLOCKBUSTER PRODUCT TO BE ADVERTISED IN PRINT

FIRST DIRECT INTRODUCTION TO CONSUMERS OF LIFESTYLE DRUG

IN 1997, TELEVSION ADVERTISING FOR PERSCRIPTION MEDICATIONS WAS ALLOWED

### ONLY TWO NATIONS ALLOW DIRECT TO CONSUMER ADVERTISING (DTCA)

United States – FDA and AMA objections

New Zealand – government wavered on ban

Australia - may begin allowing it

Western Europe – allowed but can't mention drug or company

# SHARE OF WORLD PHARMACEUTICAL MARKET

World market 2002	Sales (\$ billion)	% world sales	% growth
USA	204	51	12
Europe (EU)	91	22	8
Rest of Europe	11	3	9
Japan	46	12	1
Asia, Africa, Australia	32	8	11
Latin America	16	4	-10
Total	400	100	8

Source: (Auton, 2006)

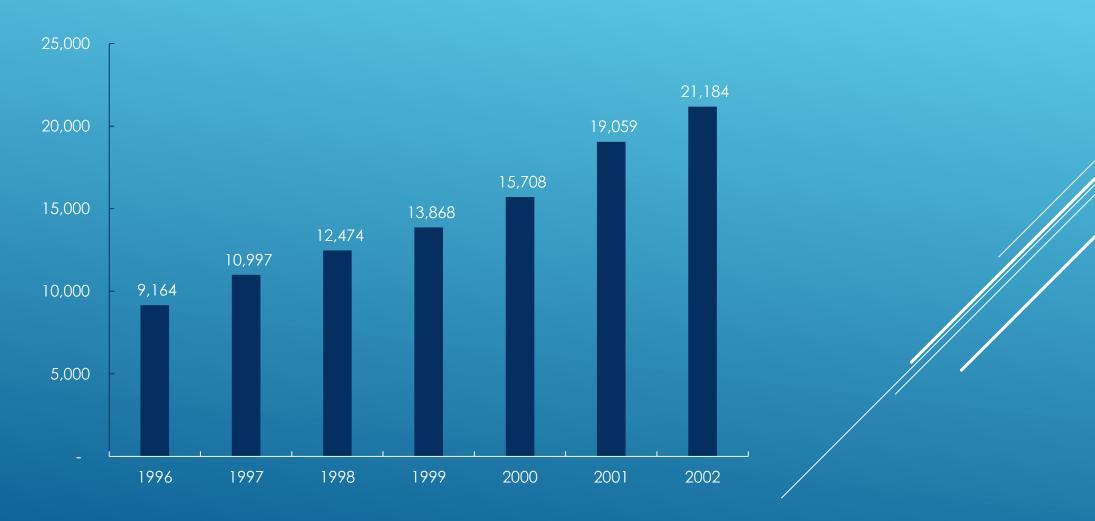
#### QUESTIONS ABOUT DTCA

Why do you suppose that only two countries allow DTCA for prescription medicines?

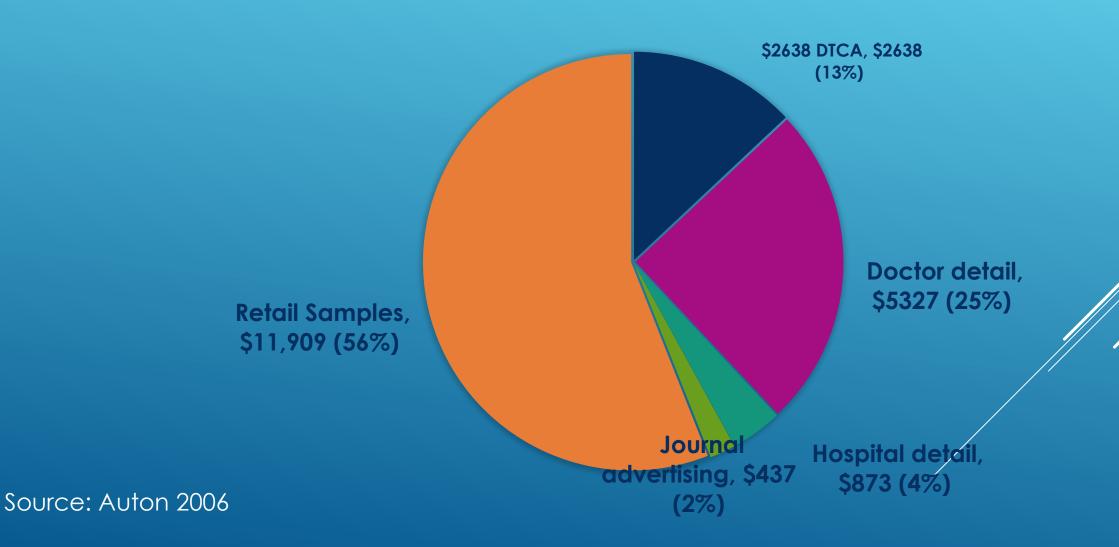
What characteristic of these countries facilitate them being the only ones allowing DTCA?

Since most countries have access to Youtube and other internet advertising, are bans on advertising really effective?

# US PHARMACEUTICAL PROMOTION EXPENDITURE (\$ MILLION)



# US PHARMACEUTICAL PROMOTIONAL SPEND BY CATEGORY, 2002 (\$ MILLION)



#### BENEFITS OF DTCA

- Establishes a base of better informed patients about disease conditions and treatments
- Reduces under-treatment and under-diagnosis, often in critical conditions such as hypertension and depression
- Promotes pharmaceuticals which are a less expensive alternative to surgery or chronic untreated disease
- Improves drug treatment compliance
- Encourages physician/patient communication
- DTCA produces revenue results 75% of brands show 50% or more ROI

#### HARMFUL EFFECTS OF DTCA

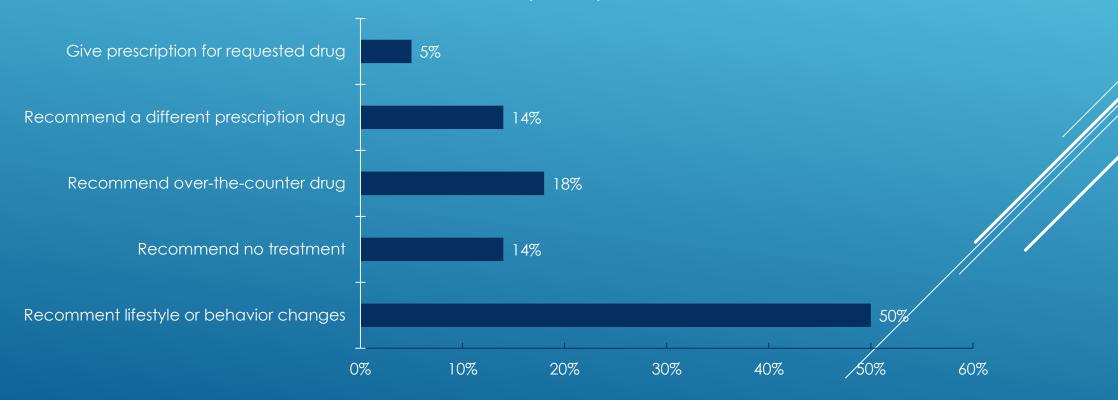
- Marketing is primarily for profit and not consumer health
- Leads patient to pressure their doctors for prescriptions they may not need or may not be best for them
- Misleads patients if advertisement is unbalanced
- Viewer remember benefits up to 4 times more than risks
- Increases pressure on doctors to prescribe drugs
- Rarely present non-pharmacological alternatives such as diet, exercise, therapy and other lifestyle changes //

#### HARMFUL EFFECTS OF DTCA (CONTINUED)

- Medicalizes conditions that are typical to aging
- Diverts pharmaceutical company funds from R and D
- Leads to greater use of lifestyle drugs which may not be necessary
- Consumers perceive pharma ads as educational and not persuasive (Wilson & Till 2007)
- Harmful drugs may be advertised before adverse effects become apparent (Vioxx)

# PHYSICIANS RESPOND TO PATIENTS' REQUESTS FOR SPECIFIC TREATMENTS WITH A BROAD RANGE OF ALTERNATIVES

When Asked by a Patient About a Specific Treatment, Physicians Frequently...



#### SAMPLE PHARMACEUTICAL TV COMMERCIALS

- Vioxx ad
- http://www.youtube.com/watch?v=bkk5urmgRNQ
- Procrit ad
- http://www.youtube.com/watch?v=QDWqkeiGiYE
- <u>Lipitor ad</u>
- http://www.youtube.com/watch?v=cHuKjBcwb7U-
- Vytorin ad
- http://www.youtube.com/watch?v=hV2w0YZRjBs
- Nasonex bee
- adhttp://www.youtube.com/watch?v=ZMBPuuqTk\_M

#### IS DTCA A GOOD IDEA?

What do you believe are the key arguments both supporting and opposing DTCA of prescription medicines?

Which group of arguments is most compelling? Justify your thinking.

Do first amendment rights apply to this situation? Why or why not?

What issues can you identify from the previous commercials?

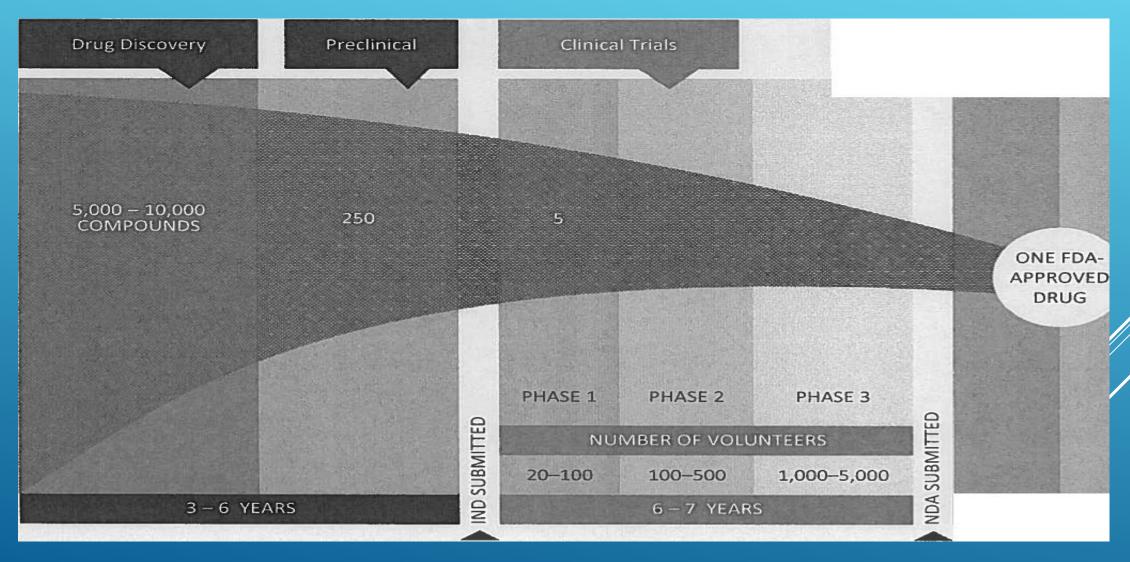
- Do they educate the public?
- Are benefits and risks properly explained?
- Should marketers be allowed highlight positive aspects of their products/services?

#### BRAND MANAGERS' PERSPECTIVE

- Pharmaceutical Manufacturers' Association Information, published in ChartPak, 2012.
- Presents industry data on research costs, new drug profits and insights on how DTCA impacts physicians.

#### Product Development Timeline

Source: Pharmaceutical Manufacturers' Association

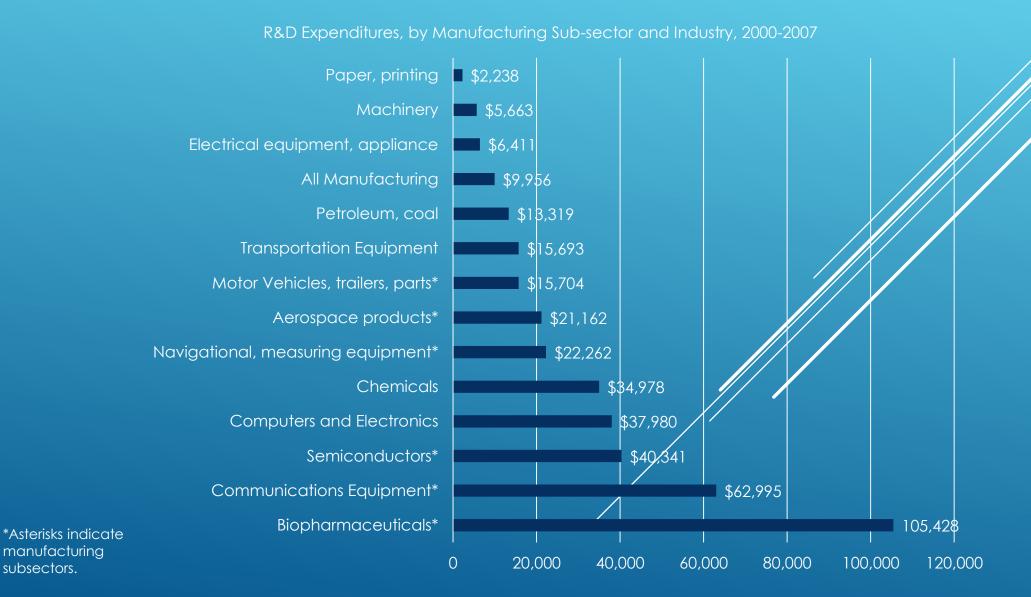


#### The Biopharmaceutical Sector is the Most R&D-Intensive in the U.S.

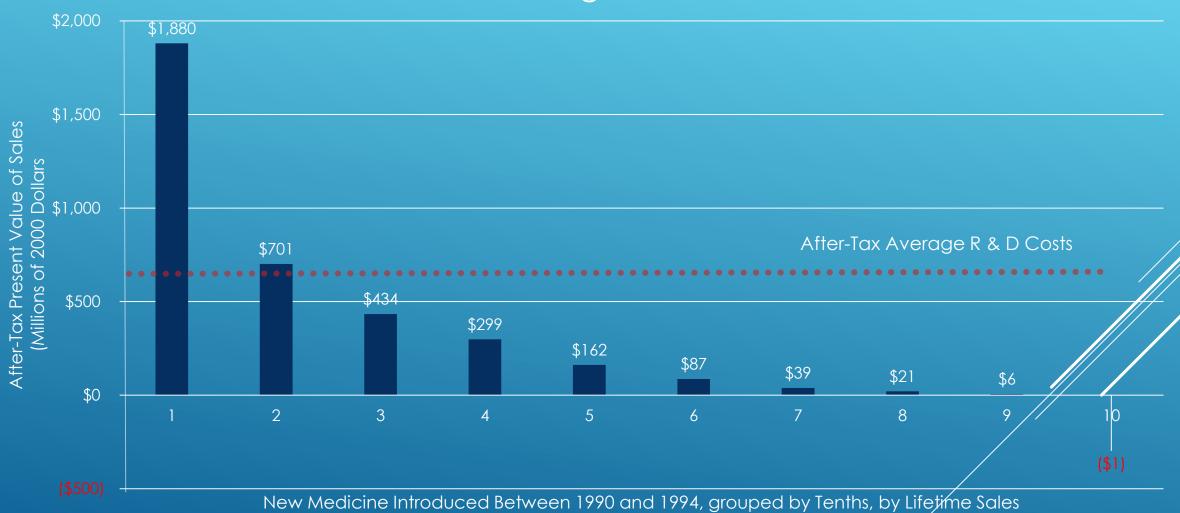
Biopharmaceutical companies invested more than ten times the amount of R&D per employee that manufacturing industries overall.

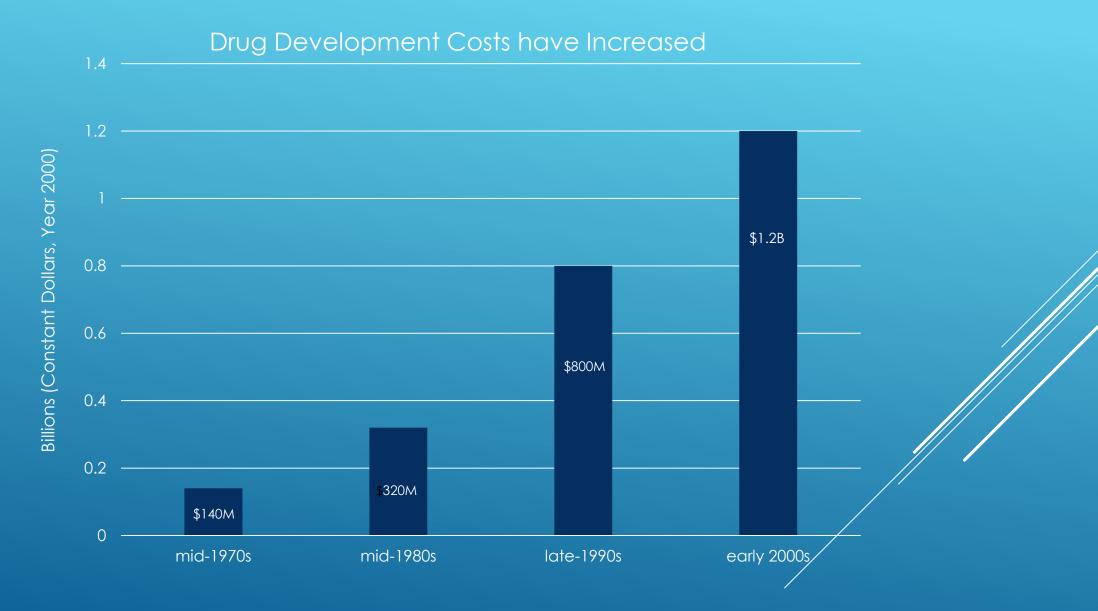
manufacturing

subsectors.



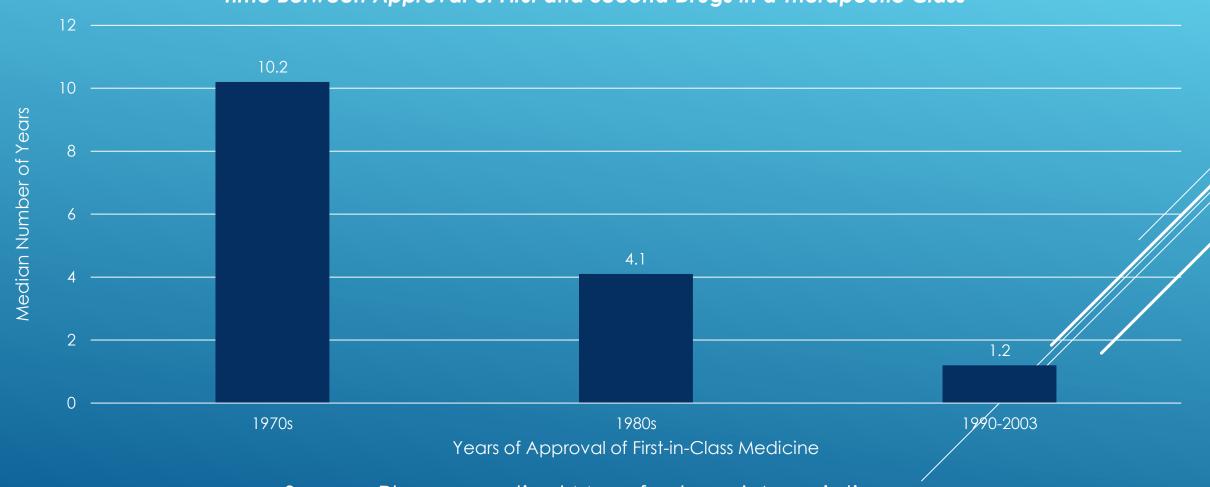
# Few Approved Medicines are Commercially Successful Just 2 in 10 Approved Medicines Produce Revenues that Exceed Average R & D Costs



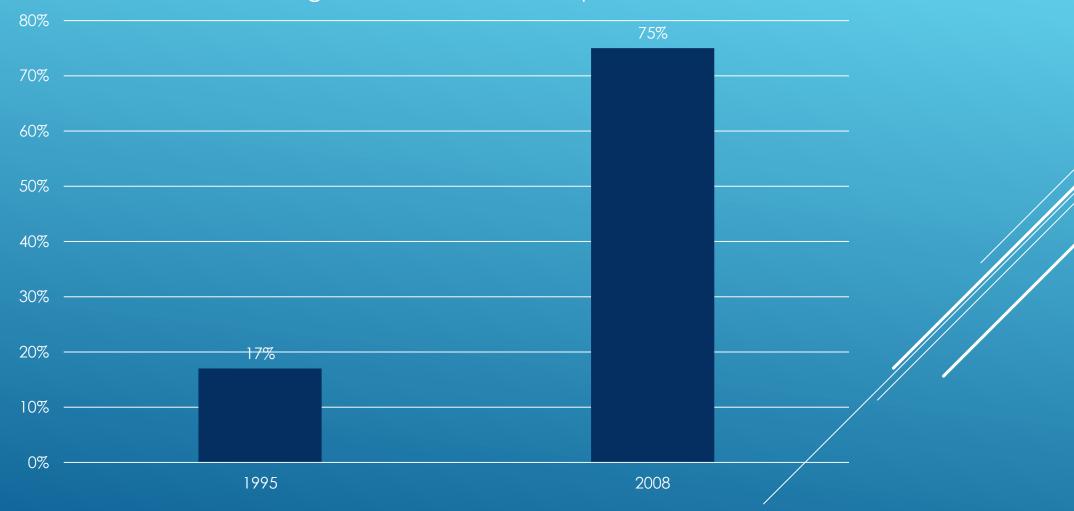


### Increasing Competition Within Therapeutic Categories

#### Time Between Approval of First and Second Drugs in a Therapeutic Class

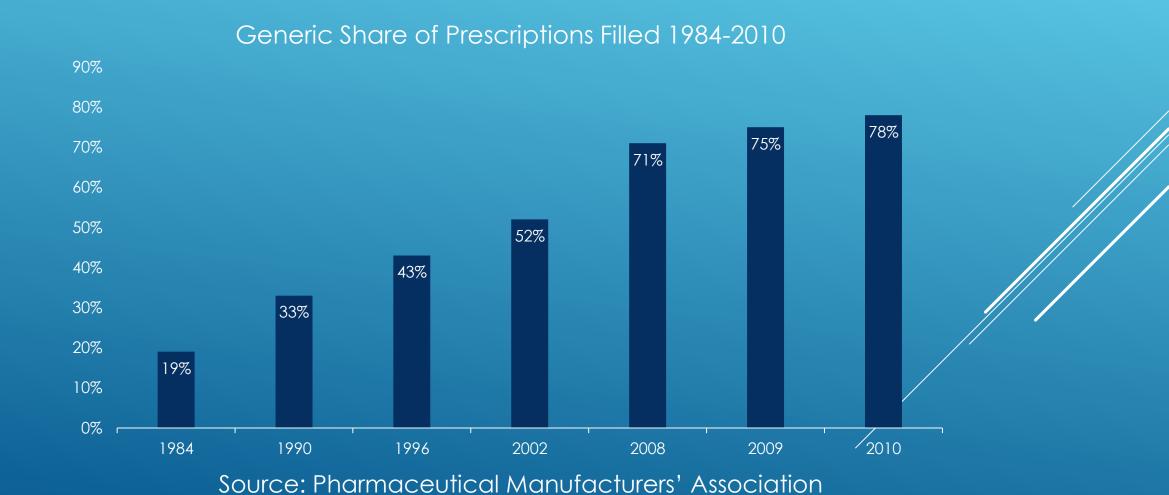


#### Percentage of Patented Drugs Facing Patent Challenges from Generic Companies



# MORE THAN THREE-QUARTERS OF U.S. PRESCRIPTIONS ARE FILLED WITH GENERICS

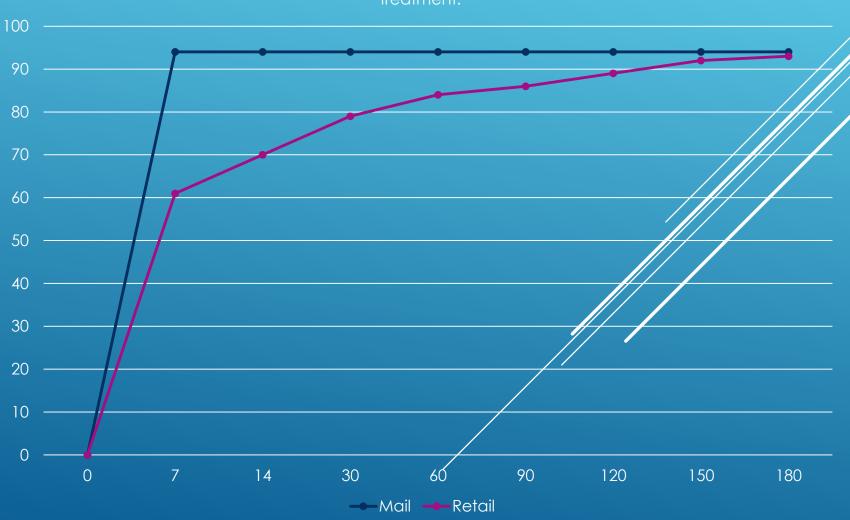
IN 2010, GENERICS ACCOUNTED FOR 19 OF THE 20 MOST COMMONLY PRESCRIBED MEDICINES



#### Newly Introduced Generics are Adopted Rapidly

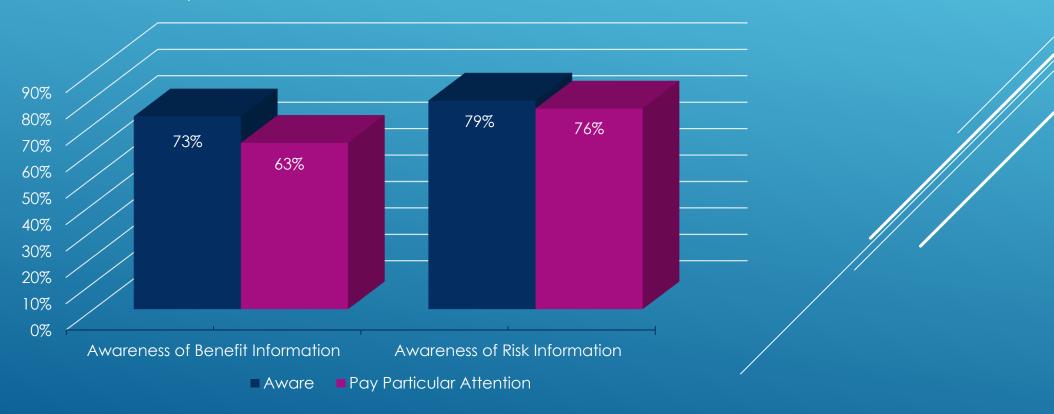
When a generic version of a medicine becomes available for the first time, it can capture as much as 84% to 94% of the market within the first month.





# ADVERTISING INCREASES AWARENESS OF THE BENEFITS AND RISKS OF NEW MEDICINES

Awareness of Benefit and Risk Information Among People Who Saw an Advertisement on TV



Source: Prevention Magazine National Survey Data)

#### SUMMARY OF BRAND MANAGER'S DILEMMA

- Drug development costs are high and continue to escalate, yet
- Success rate of new drugs is very low, and
- The number of years of exclusivity is shrinking
- When generics hit the market sales plummet by as much as 94%
- Increased legal challenges by generic companies to énd patents early. Therefore, pressure to generate revenue quickly

#### LOW TESTOSTERONE - THE LATEST "LIFESTYLE DRUG"

"Lifestyle drug is an imprecise term commonly applied to medications which treat non-life threatening and non-painful conditions such as baldness, impotence, wrinkles, erectile dysfunction, or acne..." (Wikipedia)

#### LOW TESTOSTERONE - THE LATEST "LIFESTYLE DRUG"

- Advertising for Low T until 2010 was under \$5 million/year, with sales slightly over \$1 billion annually.
- Advertising in 2012 was up to \$100 million/year, with sales approaching \$2.4 billion annually.
- •During this time, drug prescriptions have risen from just over 4 million per year to almost 8 million/year.

(Source: Consumer reports, July 2013)

#### WHAT CAUSES LOW TIN MEN?

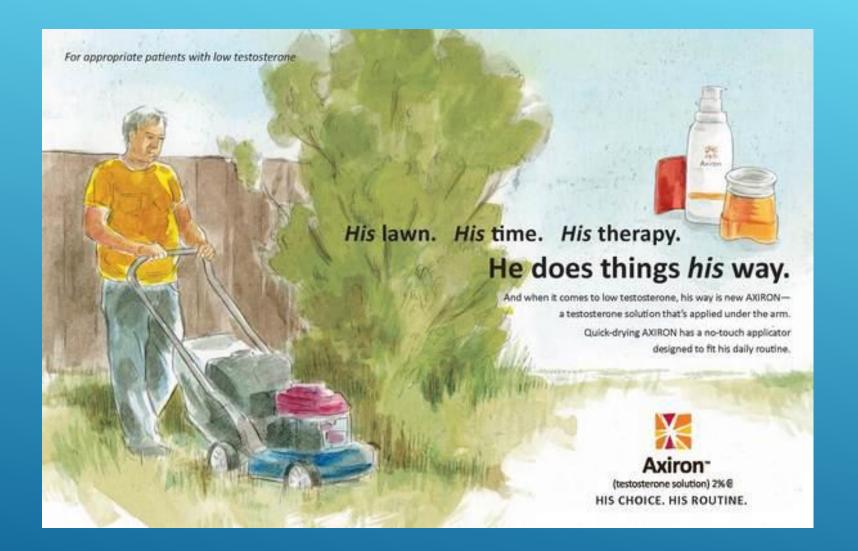
- Normal aging
- Injury or infection affecting the testicles (which make most of the testosterone in men)
- Certain treatments for cancer, including radiation, chemotherapy, and hormone therapy for prostate cancer
- Disorders that affect the pituitary gland, a gland at the base of the brain that controls all hormone-producing organs
- Other medical problems, such as liver and kidney disease obesity, diabetes, and AIDS

Source: www.uptodate.com.

#### SAMPLE LOW TADS

- The ads describe the risks while "a vibrant middle-aged man is cruising in a convertible with a lady friend, or a peppy guy is canoodling with his wife in the kitchen" (Consumer Reports, July 2013, p 6).
- Androfen <a href="http://www.youtube.com/watch?v=-">http://www.youtube.com/watch?v=-</a>
   hn3qJzayo8
- Androgel
   http://www.youtube.com/watch?v=hhbhNGebrVw
- Axiron <a href="http://www.youtube.com/watch?v=S9hban1vVns">http://www.youtube.com/watch?v=S9hban1vVns</a>
- Low T Center
   <a href="http://www.youtube.com/watch?v=k\$I0EFRkWpc">http://www.youtube.com/watch?v=k\$I0EFRkWpc</a>











Drug Coupon

Member ID: Enter Year & Time

(Example: Year 2013; Time 9:14; Enter ID 2013914)

PCN: 7777

**RxBIN:** 610709

RxGrp: FDCUSC2

**Pharmacy Instructions:** 

Use the processing information on this coupon/card to process prescription just like an Rx claim card. If you have any problems please call the help line below.

THIS IS NOT INSURANCE



NEVER EXPIRES





**Customer Service** (Toll Free)

**Pharmacy Helpline** 800-726-4232 877-321-6755 (Toll Free)

Do you have fatigue?

Do you lack initiative?

Do you have depressed moods?

Do you have lack of Drive?

Are you frequently irritable?

Do you lack stamina and endurance?

Have you gained body fat?

Have you lost muscle mass and tone?

Low I. Center.

www.lowTcenter.com



www.lowTcenter.com

1-877-544-5698



Get tested today! It only takes 30 minutes AND no appointment is necessary!





Feel Like You're Running on Empty?



13 Million men in the U.S. over the age of 40 have low testosterone.

Are you one of them?



Have you lost your edge?

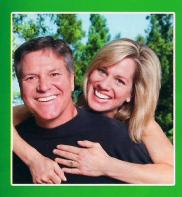
Testosterone plays a role in focus, self confidence, and overall health

At the bio-chemical level, Testosterone is what makes a man look,act, and feel like a man.



www.lowTcenter.com

Live Better! Increase your quality of life.



Get tested now! It only takes 30 minutes AND no appointment is necessary!

Most Insurance Accepted



1-877-544-5698

Benefits Include:

•Improved Muscle Mass

Boosted Energy

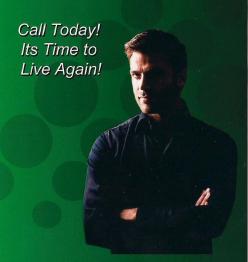
Weight Loss

Improved Strength

Increased Bone Density

Decreased Irritability

•Improved Sexual Desire



# PATIENT INFORMATION ON LOW T FROM UPTODATE.COM

replacement, which comes in shots, patches, gels, and tablets you put on your gums. But low testosterone is not always treated, especially in men older than 60. That's because it's normal for testosterone to drop in men as they age. In fact, normal aging causes some of the same changes that happen in men with low testosterone, such as less energy or interest in sex."

Source: www.uptodate.com.

# PATIENT INFORMATION ON LOW T FROM UPTODATE.COM

- Men older than 60 might have androgen replacement if:
- More than 1 blood test shows very low testosterone
- They have symptoms of low testosterone that bother them
- The symptoms are not caused by another disease or condition that doctors can treat
- Older men who have androgen replacement need regular screening tests for prostate cancer

Source: www.uptodate.com.

#### PATIENT RISK FROM TESTOSTERONE THERAPY

- More heart attacks and other cardiovascular events.
- Reduced sperm counts/infertility
- Might fuel growth in prostate cancer
- ► Blood clots in legs
- > Sleep apnea
- ► Enlarged or painful breasts
- Swollen feet and ankles

Source: Consumer Reports, July 2013

### PATIENT RISK FROM TESTOSTERONE THERAPY (CONTINUED)

- Children exposed to testosterone have physical and emotional affects
- Exposed women can experience acne and increased body hair.
- Women who are exposed and breast feeding can pass the testosterone to the baby.
- Stress, lack of sleep or exercise, feelings about a partner, diabetes, obesity, and pituitary tumors, and other drugs can contribute to low testosterone and should be ruled out and/or treated separately first.

Source: Consumer Reports, July 2013

#### MHAT DO YOU THINKS

- How well does the information in the ads compare with the Consumer Report and the physician web site, UptoDate.com?
- Overall, how complete and accurate is the information in Low T ads?
- How likely is it that the public could be misinformed?

#### LOW TLEGAL ADS

HTTP://WWW.LAWYERSANDSETTLEMENTS.COM/LAWSUIT/TESTOSTERONE.HT ML#.UX4GCV4YD6C

**SOKOLOVE LAW** 

HTTP://WWW.YOUTUBE.COM/WATCH?V=5BPZVQC7A9E

HTTP://WWW.YOUTUBE.COM/WATCH?V=EVCZJIMJKQG

HTTP://WWW.YOUTUBE.COM/WATCH?V=EVCZJIMJKQG

WHY ARE THERE SO MANY LEGAL PROBLEMS WITH LOW T?

#### QUESTIONS ABOUT LOW T

Do you have all the relevant information about the Low T case? If not, what additional information do you need? Be specific.

How would you articulate the key issues in this case?

Who are the key stakeholders?

What is the primary motivation(s) of each stakeholder?

What is the relative power of each stakeholder?

#### QUESTIONS ABOUT LOW T (CONTINUED)

What choices does the Low T product manager have?

What will be the impact on each stakeholder of the decision alternatives?

How would you articulate the key principles involved with the decisions?

What are the action alternatives and likely consequences of each?

How will the outcome play out in the WSJ?